



### New Patient Registration

First name: \_\_\_\_\_ Last Name: \_\_\_\_\_

MI: \_\_\_\_\_ Date of Birth: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_

Sex at Birth: M / F circle one

Email Address: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Primary Phone Number:(\_\_\_\_)\_\_\_\_-\_\_\_\_ Cell /Home/ Work circle one

May we leave a message at this number with personal health information? Y / N

Secondary Phone Number:(\_\_\_\_)\_\_\_\_-\_\_\_\_ Cell /Home/ Work circle one

May we leave a message at this number with personal health information? Y / N

Emergency Contact Name: \_\_\_\_\_

Emergency Contact Phone Number:(\_\_\_\_)\_\_\_\_-\_\_\_\_

Relationship of Contact to Patient: \_\_\_\_\_

Preferred Pharmacy: \_\_\_\_\_

(name, street address, zip code)

Pharmacy Phone Number:(\_\_\_\_)\_\_\_\_-\_\_\_\_

Primary Care Physician Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone:(\_\_\_\_)\_\_\_\_-\_\_\_\_

I hereby certify, the above is current and correct information pertaining to myself or as a parent or guardian

Printed name of parent or guardian if applicable: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_/\_\_\_/\_\_\_

# Personal Health History & Self Reflection Inventory

Primary Reason for Your Consultation: \_\_\_\_\_

What Are Your Health and Wellness Goals?: \_\_\_\_\_

**Past Medical History:** List Any **Major** Illnesses, surgeries, hospitalizations, (include year or date if known)

Condition/Surgery/Hospitalization	Date:	Condition/Surgery/Hospitalization	Date:
1.		4.	
2.		5.	
3.		6.	

Please list all prescribed and over the counter medications you take regularly. **Please include all supplements, vitamins, or herbal products:**

Medicine/supplement including dose	Frequency
1.	
2.	
3.	
4.	
5.	
6.	
7.	

**Do you have any medication allergies? YES / NO** Please circle one      **If yes, please list:**

Medication and Reaction	Medication and Reaction

Do you have food or environmental allergies? YES / NO Please circle one

If yes, please list:

Food/other and reaction	Food/other and reaction

Please outline your use of the following, past or present:

Product	Current Use?		Quantity Per Day	Quantity Per Week	Past Use?		Do others have concerns about your usage?
	Yes	No			Yes	No	
Tobacco							
Alcohol							
Recreational Drugs							
Caffeine							

Please list all dietary restrictions (vegetarian, gluten free, etc.): \_\_\_\_\_

Average hours of sleep per night: \_\_\_\_\_

Do you have sleep difficulties: Y / N Circle all that apply

Difficulty falling asleep / Staying asleep / Waking in the night / Daytime sleepiness / Snoring / Sleep Apnea / Sleeping too much / Other: \_\_\_\_\_

**Family History:** Have your close relatives (parents, siblings, children, grandparents) had any of the following?

	Yes	If yes, who and what age at diagnosis
Kidney Disease		
Osteoporosis		
Rheumatoid Arthritis		
Asthma		
Heart Attack		
Stroke		
High Blood Pressure		
High Cholesterol		
Diabetes		

Thyroid Disease		
Breast Cancer		
Other Cancer, and what type		
Mental Health Disorder		
Substance Abuse		

**Preventative Health:** Please provide the dates and documentation when possible

	Date		Date
Pap/Pelvic Exam (F)		Tetanus (specify Td or Tdap)	
Mammogram (F)		Flu vaccine	
Colonoscopy		Pneumonia Vaccine	
Test of stool for blood (Stool Guaiac)		Zoster (Shingles) Vaccine	
Rectal Prostate Exam (M)		Hepatitis A Vaccine	
Prostate Specific Antigen (M)		Hepatitis B Vaccine	
Bone Density		MMR Vaccine	
Eye Exam		Gardasil (HPV Vaccine)	
Cardiovascular Stress Test		Covid 19 Vaccine (how many)	

**Review of Symptoms:** Please check yes or no for the following **Current** symptoms within the last 3 months

<b>General</b>	Yes	No	<b>Gastrointestinal</b>	Yes	No
Fever			Diarrhea/Constipation		
Hot Flashes			Indigestion/HeartBurn		
Sweats at Night			Nausea		
Temperature Intolerance			Blood in Stool		
Excessive Thirst			<b>Genitourinary</b>		
Fatigue			Pain or Burning in Urination		
Sleep Difficulties			Frequent Urination		
Daytime Sleepiness			Waking To Urinate More Than Once at Night		
Unplanned Weight Change			Excessive Urination		
<b>Skin</b>			Difficulty Emptying Bladder		
Rash			Urinary Incontinence		
New or CHanging Moles			Decreased Sexual Desire		
<b>Eyes</b>			Pain With Intercourse		
Pain			Sexually Transmitted Disease		
Redness			Fertility Issue		
Vision Change			<b>Men:</b>		
<b>Ear, Nose, Throat</b>			Erectile Dysfunction		
Hearing Loss			<b>Women:</b>		
Ringing in Ears			Heavy Vaginal Discharge		
Dizziness or Vertigo			Heavy Menstrual Bleeding		
Bleeding Gums			Painful Menstrual Periods		
Nosebleeds			Irregular Menstrual Bleeding		
<b>Breast</b>			<b>Musculoskeletal</b>		
Breast Pain			Generalized or All-Over Pain		

Masses of Lumps		Joint Pain	
Nipple Discharge		Stiffness	
Skin Changes		Joint Swelling	
<b>Cardiovascular</b>		Joint Redness	
Chest Pain		Back or Neck Pain	
Heart Murmur		<b>Neurological</b>	
Irregular Heart Beat (palpitations)		Abnormal Gait (Trouble Walking) or Falls	
Leg Swelling or Edema		Headache Severe and/or Frequent	
<b>Pulmonary</b>		Seizures	
Wheezing or Shortness of Breath		Muscle Weakness, TIA or Stroke	
Chronic Cough		Fainting or Loss of Consciousness	
<b>Hematopoietic</b>		Localized Numbness, Tingling, Neuropathy	
Swollen Lymph Glands		<b>Psychological</b>	
Blood Clots		Anxiety	
Excessive Bleeding		Depression And/or Mood Swings	
Anemia		Memory Loss	

**(Women Only) Past GYN/Obstetrical History: List any past Pregnancies**

Vaginal Births		Miscarriage/Still Births	
Caesarian Section		Pregnancy Terminations	
Abnormal PAP Tests		Other GYN Procedures	

**MALE Hormone Health Assessment:**

<u>Symptom Check List</u>	<u>Never</u>	<u>Mild</u>	<u>Moderate</u>	<u>Severe</u>
<b>Decline in General Wellbeing</b>				
<b>Fatigue</b>				
<b>Joint Pain and Muscle Aches</b>				
<b>Excessive Sweating</b>				
<b>Sleep Problems</b>				
<b>Increased Need For Sleep</b>				
<b>Irritability</b>				
<b>Nervousness</b>				
<b>Anxiety</b>				
<b>Depressed Mood</b>				
<b>Exhaustion/Lacking Vitality</b>				
<b>Declining Mental Ability/Focus/Concentration</b>				
<b>Feeling You Have Passed Your Peak</b>				
<b>Feeling Burned Out/Feeling You've Hit Rock Bottom</b>				
<b>Decreased Muscle Strength</b>				
<b>Weight Gain/ Belly Fat/ Inability to Lose Weight</b>				
<b>Breast Development</b>				
<b>Shrinking Testicles</b>				
<b>Rapid Hair Loss</b>				
<b>Decrease In Beard Growth</b>				
<b>New Migraine Headaches</b>				
<b>Decreased Desire Libido</b>				
<b>Decreased Morning Erections</b>				
<b>Decreased Ability to Perform Sexually</b>				
<b>Infrequent or Absent Ejaculations</b>				
<b>No Results from E.D Medications</b>				

<u>Family History</u>	<u>Yes</u>	<u>No</u>
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Alzheimer's Disease		
Heart Disease		

**FEMALE Hormone Health Assessment:**

<b><u>Symptom Check List</u></b>	<b><u>Never</u></b>	<b><u>Mild</u></b>	<b><u>Moderate</u></b>	<b><u>Severe</u></b>
Fatigue				
Memory Loss				
Mental Confusion				
Decreased Desire/Libido				
Sleep Problems				
Mood Changes/Irritability				
Migraines/Severe Headaches				
Difficulty to Climax Sexually				
Bloating				
Weight Gain				
Breast Tenderness				
Vaginal Dryness				
Hot Flashes				
Night Sweats				
Dry and Wrinkled Skin				
Hair is Falling Out				
Cold All the Time				
Swelling All Over Body				
Joint Pain				

<b><u>Family History</u></b>	<b><u>Yes</u></b>	<b><u>No</u></b>
Alzheimer's Disease		
Breast Cancer		
Heart Disease		

# PRIVACY POLICY AND CONSENT FORM

## Overview of pertinent policies for Advanced Integrative Wellness:

1. Patient information will be confidential as is necessary to provide services or to ensure that all administrative matters related to your care are handled appropriately. This specifically includes the sharing of information with other health care providers, laboratories, health insurance payers as is necessary and appropriate for your care. Patient files may be stored in open file racks and will not contain any coding which identifies a patient's condition or information, which is not already a matter of public record. The normal course of providing care means that such records may be left, at least temporarily, in administrative areas such as personnel desks and exam rooms. Those records will not be available to persons other than office staff. You agree to the normal procedures utilized within the work environment for handling charts, patient records, PHI, and other documents or information.
2. At times we may need to contact you regarding appointment scheduling and other communications informing you of practice policy changes and new technology/treatments available that you might find valuable or interesting. We may do this by telephone, text, e-mail, U.S. Mail, or by any means convenient for the practice and/or as requested by you.
3. The practice utilizes vendors in the conduct of business. These vendors may have access to PHI but must agree to abide by privacy practices.
4. You agree to bring any concerns or complaints regarding privacy to your Provider or Office Manager.
5. Your confidential information will not be used for the purposes of marketing or advertising of products, goods, or services.
6. We agree to provide patients with access to their health records in accordance with the state and federal laws.
7. We may change, add, delete or modify any of these provisions to better serve the needs of both the patient and practice.

I do hereby consent and acknowledge my agreement to the terms set forth and any subsequent changes in office policy. I understand that this consent shall remain in force from this time forth.

**Print Name** \_\_\_\_\_

**Signature** \_\_\_\_\_

**Today's Date** \_\_\_\_\_

# Authorization for Treatment

## Advanced Integrative Wellness

**Please initial after each statement and sign at the bottom.**

### **Authorization for Treatment**

I authorize examination, diagnosis and general treatment (including but not limited to the use of x-rays and other non-invasive procedures such as diagnostic tests) to be performed by the providers at Advanced Integrative Wellness. If necessary, I give my permission for other allied health professionals to review my medical record for the purpose of the evaluation of my overall health needs. I realize that if a medical procedure or surgery is required, I will be given additional information.

**Initial Here \_\_\_\_\_**

### **Release of Information**

I hereby authorize Advanced Integrative Wellness to furnish information from my medical record to any health care provider necessary to provide for the continuity of my medical care with the exclusion of information regarding substance abuse, mental health, HIV (AIDS), STD, etc.

**Initial Here \_\_\_\_\_**

### **No Show/Missed Appointments**

Patients must show up on time for their appointment. If you are late, we will reschedule your appointment in order to keep the schedule on time for the following patients. You will still be charged for this missed appointment time. Multiple late occurrences may result in discharge from our practice.

I understand that appointments that are not rescheduled or canceled at least 24hrs before the scheduled appointment time, are liable for a late fee. I understand that if I cancel reschedule an appointment the day of, the full appointment fee will be charged to my card.

**Initial Here \_\_\_\_\_**

### **Financial Agreement**

**\*\*\*Payment for Office Visits are Due at the time of Your Appointment\*\*\***



I agree that my card will be kept on file and all appointment services will be charged to that card at the time of service, unless I request another form of payment to be processed. For all other service fees: when collection efforts indicate that a patient/guarantor is unable to pay for services we will try to negotiate a payment arrangement. In the event that no attempt is made to set up a payment plan or the terms of the payment plan are not complied with, the account balance will likely be sent to a collection agency. I assign and authorize payments to be made directly to Advanced Integrative Wellness.

**Initial Here** \_\_\_\_\_

**Printed Name:** \_\_\_\_\_

**Signature (Parent or guardian may sign for minors):** \_\_\_\_\_

**Date:** \_\_\_\_\_

## **Authorization for Use or Disclosure of Protected Health Information**

Please list all family members or other persons, if any, whom we may discuss your medical condition and diagnoses with. You may leave this blank if you do not authorize us to disclose information with any other person.

NAME: \_\_\_\_\_ Relationship \_\_\_\_\_

NAME: \_\_\_\_\_ Relationship \_\_\_\_\_

NAME: \_\_\_\_\_ Relationship \_\_\_\_\_

I understand that I have a right to:

- Inspect or copy the protected health information to be used as permitted under federal law.
- Refuse to sign the authorization.
- Terminate this agreement at any time upon receipt of a signed written request.
- I hereby authorize the use or disclosure of my health information as described below. I understand this authorization is voluntary; I understand that the related information may not be protected by federal privacy regulations.

**Patient Printed Name** \_\_\_\_\_ **Date of Birth** \_\_\_\_\_ **Date** \_\_\_\_\_